



Focused Shockwave Therapy (LI-EWST)

Here at Universal Men's Clinic (UMC), we want all men to live their best life. We promise every patient a personalized treatment plan based on individualized assessment, focused therapies and close monitoring to maximize effectiveness and minimize side effects. If you want to be your best self, you need the best care. Our clinics maintain the highest medical standards, offering men safe environments where they can speak openly about their health issues and get the in-person medical help they need. We believe that each man is unique, so we work closely with our patients to create treatment plans customized to their individual needs, utilizing safe and effective treatments that get results.

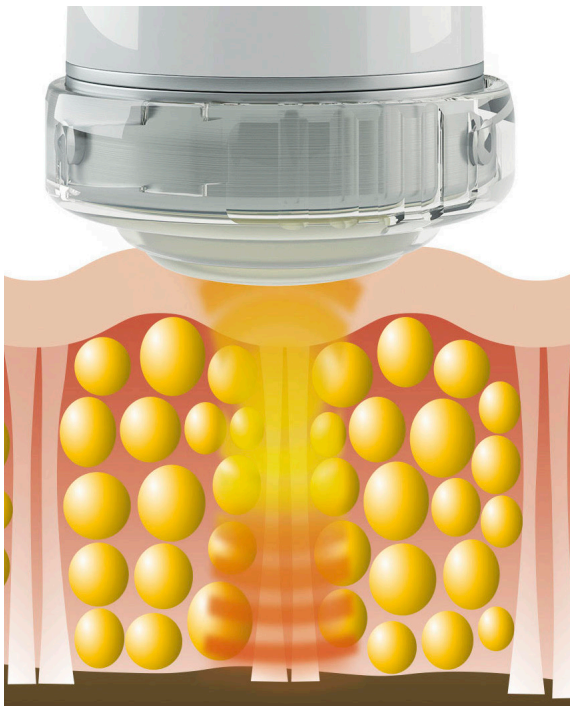


Focused Shockwave Treatment

Universal Men's Clinic uses a special type of sound wave that is clinically proven to treat erectile dysfunction (ED). This sound wave therapy, also known as focused shockwave therapy or **low-intensity extracorporeal shockwave therapy (LI-ESWT)**, has been studied worldwide in many successful clinical trials over the last 15 years. It is currently approved in Europe and is rapidly becoming the gold standard for ED treatment.

The focused shockwave therapy treats ED by remodeling and strengthening existing blood vessels, removing plaque buildup that naturally happens as men age, and stimulating the growth of new blood vessels (called neovascularization) inside the penis. This effective treatment significantly improves blood flow and leads to longer-lasting and harder erections. Importantly, this therapy achieves these clinically proven and long-lasting results without drugs, needles, surgery or pain. It also allows for spontaneous sexual activity and freedom from having to take a pill when the mood strikes.

Anyone with mild to moderate ED may benefit from focused shockwave therapy, including nearly 50% of men who are struggling with getting or maintaining an erection.



Focused shockwave therapy (LI-ESWT) may be an option for men who:

- Desire a treatment to reverse the underlying cause of ED
- Are looking for an alternative to conventional oral medications used to treat ED
- Want a non-invasive treatment for their ED before moving on to other options
- Are unable to use oral ED medications due to other serious health conditions or troublesome side effects
- The typical treatment course is six treatments over an average of six weeks. Your healthcare provider will confirm the best course of treatment during your scheduled visits

What Is the Difference Between Shockwave Therapy Treatments?

There are two major types of shockwave therapy: focused shockwave therapy and radial shockwave therapy. The names of these treatments refer to the types of waves produced during therapy. They also differ in many capacities within the patient experience and potential benefits.

Patient Benefits – Focused Shockwave Therapy vs. Radial Shockwave Therapy

Patient Benefits	Focused Shockwave	Radial Shockwave
Clinically Proven Treatment	○	
Non-Pharmaceutical ED Option	○	○
Non-Invasive Procedure	○	○
No Major Side Effects	○	○
Long-Lasting Benefits	○	
Pain-Free Treatment	○	
Improves Sensitivity	○	○
Helps Treat Peyronie's	○	○
Customized Treatment	○	
Standardized Protocols	○	
Scientifically Backed	○	
Focused Wave Technology	○	

Focused Shockwave Therapy Treatment Process

Universal Men's Clinic's focused shockwave therapy treatment protocol for ED typically consists of six or more 20-minute sessions over the average course of six weeks. The initial consultation is approximately 30 minutes. The length of treatment sessions varies from individual to individual. Treatments are not painful and are done without drugs, needles or anesthesia. After waiting 60–90 days for the blood vessels to remodel and new ones to grow, some men may require additional sessions to achieve maximum results.



As focused shockwave therapy is an outpatient procedure, patients can resume normal activities immediately after treatment. While every patient is different, treatment results can usually be seen in about six weeks, while some men may experience results sooner. Customarily there are NO reported side effects from focused shockwave treatment. Of course, each patient is unique, and each patient reacts differently to any type of medical treatment. Patients who experience any side effects should contact their healthcare provider right away.

Make an Appointment Today

Learn more about how focused shockwave therapy can improve your life. Book an appointment today online at www.universalmensclinic.com.



Universal Men's Clinic Locations

Honolulu • Oklahoma City • Portland • Sacramento
Salt Lake City • San Antonio • Seattle (First Hill & Federal Way)
Tucson • Tulsa